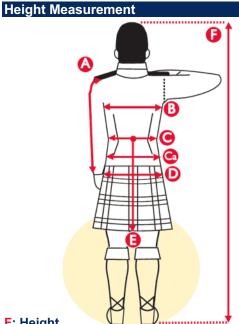
# Self Measurement Guide



### F: Height

Please provide information in foot and inches e.g 6ft 1". We require your overall height to check measurements appear correct. Please give your full height from head to foot without shoes on. (REFER TO F ON DIAGRAM)

# Jacket Measurement

### A: Sleeve Length (shoulder to cuff)

Measure from shoulder seam to desired length at cuff. Ideally half an inch of the cuff should be visible. (REFER TO A ON DIAGRAM)

#### **B:** Chest Measurement

Measure loosely around chest at under arm height while wearing a shirt/vest (no jacket), with arm by the sides Do not inflate the chest.

(REFER TO B ON DIAGRAM)

# Kilt Measurement

# C: Waist Measurement

Measure around the waist at navel height. Take measurement firmly, so that kilt may sit comfortably without falling down. Do not breathe in or hold stomach in. (REFER TO C ON DIAGRAM)

## **Ca: Inter Measurement for Ladies**

(REFER TO Ca ON DIAGRAM)

## **D: Seat Measurement**

Measure around the fullest part of the seat/hips, place three fingers inside the tape to avoid getting this measurement too tight. (REFER TO D ON DIAGRAM)

# E: Kilt Length

You will need assistance with this measurement. The helper should measure from your navel to half way across your knee cap. Stand upright, looking straight ahead with feet together. (REFER TO E ON DIAGRAM)

Assistance with each measurement will ensure better results.