



Safeguarding

Anti-Bullying Guidance

Clubs must be fully committed to protect all children and young people in its care. We understand that wellbeing can be seriously impacted by bullying behaviour. Bullying is a behaviour that can make a child feel frightened, threatened, left out and hurt. Something only has to happen once to make a child feel worried or scared. Bullying is both behaviour and impact; what someone does and the impact it has on a person's capacity to feel in control of themselves. For the purposes of this guidance a child is recognised as someone under the age of 18 years and applies to all children regardless of age, gender, sexual orientation, disability, race, religion, socio-economic status or family circumstance.

Best Practice:

- Respect the rights of children as paramount
- Work together to develop positive relationships amongst children and adults which are mutually respectful, responsible and trusting; and promote their emotional health and wellbeing
- Seek to prevent, reduce and respond effectively to bullying behaviour
- Train and support club volunteers and paid staff to adopt best practice to prevent, reduce and respond to bullying
- Address the needs of children who are bullied as well as those who bully within a framework of respect, responsibility, resolution and support
- Respond to any concerns raised either in the experiences of poor practice/misconduct or abuse caused by an adult's bullying behaviour
- Highlight bullying based on prejudice and perceived differences, to ensure our practices are effective in dealing with these issues
- Regularly monitor and include children's views when creating or reviewing club anti-bullying policy and guidance

Useful contacts

Karen Burnett (Lead Safeguarding Officer)	Karen.Burnett@sru.org.uk /0131 346 5168
Faye Henderson (Safeguarding Advisor)	Faye.Henderson@sru.org.uk 346 5056
NSPCC Helpline	0808 800 5000
Childline	08001111 / www.childline.org.uk
Anti-Bullying Alliance	www.antibullyingalliance.org

